

Free at home support
for your family when
you need it most

Our trained volunteer
family support workers
can visit you at home for
a couple of hours each
week



Peppercorn

BRINGING THE HAWKESBURY TOGETHER

LINCS Family Support is an activity of:

Peppercorn Children & Families

4577 9804

Email us: lincs@peppercorn.org.au

For more information, contact us today

Peppercorn Children & Families

South Windsor Family Centre
6 Greenhills Way
South Windsor NSW 2756

Phone: 02 4577 9804

www.peppercorn.org.au

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represent the views or policies of the Commonwealth or State
Governments.

LINCS Volunteer Family Support



Practical family support for
Hawkesbury parents

4577 9804



How LINCS can help you?

LINCS Family Support is a free volunteer-based home visiting service for families living in the Hawkesbury who have at least one child under 12 and/or are currently pregnant.

Our trained, volunteer, family support workers can visit you at home for a couple of hours each week to support you and your family.

LINCS Family Support can offer:

- Practical support such as playing with your children while you take care of household chores or attend to personal self-care
- Social support with a cup of tea and a chat
- Non-directive, non-judgemental, listening and affirming support
- Coming with you to appointments, assisting with shopping or enjoying an outing in the park together.

LINCS Family Support volunteers can also provide childminding during activities or programs for eligible community groups and organisations.

Become a LINCS Volunteer

Are you looking to get involved in your local community? Do you enjoy working with children and families?

LINCS is always looking for new volunteer family support workers. We provide free training and organise social events where you can meet other LINCS volunteers.

All volunteers must complete a Working with Children Check and Police Check.

Call 4577 9804 to find out more information.

LINCS Family Support fills the gap when family and friends are not available



What our volunteers say

"I relished the opportunity to provide support to mothers and foster their self-esteem and enjoyment of their role as mothers."

"Thank you for the opportunity to do what I love doing, being with children and their mums and giving them support when needed."



**For more information, call
Peppercorn Children & Families on
4577 9804**

