

Peppercorn Community Transport Activities and Meals



Hello!

Welcome to our final newsletter for 2019. Where has the time gone? Soon it will be Christmas and we have some wonderful outings and events for you to celebrate the season. See page 5 for more details.

Where do you want to go today?

This quarter we have created an impressive array of different destinations for you to experience. From the Rhododendron Gardens in Blackheath to the Hawkesbury Races to Lucky Starr in concert, there's something for everyone. To book your place on the bus call Louise on 4504 7055, and make sure to get in early to secure your spot.

We're not just about community outings.....

You can join Peppercorn's Seniors Community Meals & Social Support program which provides an opportunity for people aged over 65 who have been assessed by My Aged Care, to meet with friends at a local community centre, club or restaurant and have a low-cost, nutritious and healthy meal and to enjoy social interaction and activities. Held on Tuesday and Thursday see page 6 for details. For more information contact Louise on 4504 7055.

When you need to get to a doctor or other health appointment

We can get you there, and home again. You can also go shopping, catch up with friends, or just get out and about, don't worry about how you will get there. We can get you there, and home again. For all your transport needs, call community transport 4504 7022

TRANSPORT BOOKING LINE:
4504 7022

SOCIAL OUTINGS & SENIORS MEALS
4504 7055

LINES OPEN: Monday to Friday 9 til 3

Important information

About our services

- Our transport booking lines are open 9:00 am to 3:00 pm Monday to Friday. A recorded message service is always available. If we can't get to your call, please leave a message.
- Appointments within the Hawkesbury area require at least 3 days' notice.
- Appointments outside of the Hawkesbury area require at least 5 working days' notice.
- When booking, ensure you have your destination address and appointment time at hand.
- If you need to cancel your booked trip, please call us as soon as you can.
- You must be able to get on and off the bus, or in and out of the vehicle, on your own or with the assistance of your carer (who is travelling with you).
- Please ensure that you have the correct change
- Drivers are not permitted to sign you out of hospital or day surgery.
- Please speak clearly and politely to our team members. Abuse will not be tolerated. We will not serve you if you swear at us, and if you are rude or mumble, your booking will take longer to process.
- If your emergency contact details change, please let the office know as soon as possible.

Are you on a Home Care Package?

If you are on a Home Care Package you are not eligible to receive our support services on a subsidised basis.

In certain circumstances you may still be able to access our transport, meals and social support services, although increased charges will apply as you are not covered by our direct funding and will be required to pay at full cost.

If you are on a Home Care Package and you would like to use our services, please contact your Package Provider to assist you to make these arrangements. Conditions apply.

Subsidised Pricing

Prices contained in this newsletter are for clients covered by Peppercorn's direct funding only and are subsidised. If you are not an eligible client of Peppercorn, increased fees and other conditions will apply. Contact us for details.

CHRISTMAS 2019

Our booking office will close on Friday December 20 at 3pm and will reopen for bookings only on Thursday January 2, 2020.

Transport services will close on Friday December 20 and will recommence for limited services Monday January 6 and for full services Monday January 13, 2020.

October 2019 - Community Transport Outings

Date	Destination and Details	Subsidised cost:
Wednesday 2 October	The Secret Garden Enjoy a wander through the garden and then sit back and catch up with friends while enjoying a cuppa.	Transport \$15 Morning Tea \$7
Friday 11 October	Kurrajong Radio Museum Tour and information session on a comprehensive collection of radio memorabilia.	Transport \$15 Entry & tour \$10
Wednesday 16 October	Good Morning Blacktown – Lucky Star Lucky Starr is one of the founding members of the Australian Pop Music Industry. In 1962 Lucky recorded a hit record "I've Been Everywhere", which to date still remains one of Australia's all time favourites. Lucky's style ranges from Rock & Roll, to Country through to Jazz and is in fact similar to the late great Bobby Darin.	Transport \$20 Ticket is \$7 Lunch at own cost at the East/West Buffet for \$16
Sunday 20 October	Shannons "All Chrysler Day" The All Chrysler Day is now in its 33rd year of providing the best display of Chrysler built vehicles in Sydney. This year we are featuring pre-war vehicles but as always there will be a full range of Chrysler built vehicles from the first Dodge car up to and including modern built cars. **This event will need you to don your walking shoes. Make sure you pack your drink bottle and sunscreen. **	Transport \$20 Entry is \$5 Refreshments at own cost
Friday 25 October	The Rhododendron Gardens Have a bite of morning tea together in the Rhodo Tea Room, enjoy a wander around the garden followed by lunch at Birdie's Bistro in Blackheath Golf and Community Club. <i>A gold coin donation on entry to the gardens to contribute to the care and maintenance is appreciated.</i>	Transport \$20 Morning tea and Lunch at own cost.
Wednesday 30 October	The Marsden Brewhouse Come and enjoy lunch at the bistro of Sydney's newest brewery. The bistro has plenty to choose from including options for vegetarian, vegan or gluten free. Just reading the menu will have your mouth watering!	Transport \$15 Lunch at own cost from \$17

November 2019 - Community Transport Outings

Date	Destination and Details	Subsidised cost:
Friday 8 November	Hawkesbury Paddle Wheeler Come and enjoy the tranquillity of the Hawkesbury River on a genuine paddle wheeler. Enjoy a sumptuous two course lunch while listening to the churning paddles as you travel along the scenic and colourful waterway.	Transport \$15 Lunch Cruise \$35 Prepayment required by 11/10/19
Wednesday 13 November	Hawkesbury Race Day How about a day at the races? We've got some trackside seats reserved and the bistro will be serving a delicious lunch.	Transport \$15 Entry \$5 Lunch at your own cost from \$20
Friday 22 November	Christmas Shopping – Mt Druitt Westfields Here is a chance to hit the shops to get started on your Christmas shopping. This is a great centre that includes Target and there is also a Kmart just outside of the main centre. Please remember that you can only bring two "green bags" of shopping home so we can all fit on the bus.	Transport \$15 Shopping and lunch at your own cost.
Wednesday 27 November	Christmas Shopping – Birkenhead Point This is a large Outlet shopping centre - a great place to find a bargain! Be sure to wear your comfortable walking shoes as it is a large centre split over four levels. Please remember that you can only bring two "green bags" of shopping home so we can all fit on the bus.	Transport \$25 Shopping and lunch at your own cost.

Where would you like go, what would you like to see?

It's a challenge finding new places to go each quarter – a fun challenge but still - a challenge!

So, if you have an idea or a suggestion for an outing, please let us know and we'll try to add it to the schedule for the next quarter.

Please note that all suggested destinations will undergo a full risk assessment prior to being added to the schedule. They must have appropriate toilet facilities, preferably the ability purchase food and refreshments, and have disability access where possible.

December 2019 - Community Transport Outings

Date	Destination and Details	Subsidised cost:
Friday 6 December	Tom Barber – Concert Organist Let's start getting in the Christmas spirit with a sing-along session with the ever-popular Tom Barber followed by a scrumptious lunch at the Richmond Inn.	Transport \$15 Musical performance \$5 Lunch at own cost from \$10
Wednesday 11 December	Springwood – A Very Croony Christmas Celebrate the festive season in style with crooner extraordinaire Grant Galea, his mighty band and special guest. Enjoy classics from Bing Crosby to Bobby Darin, Elvis to Sinatra, Dino to De Niro and many more, along with a selection of timeless Christmas songs and a few surprises too!	Transport \$15 Concert ticket \$20 Lunch at your own cost from \$20 Prepayment required by 21/11/19
Monday 16 December	Christmas Lights Take a drive around the streets of the Hawkesbury and enjoy some of the wonderful Christmas lights and decorations. **This is an evening event**	Transport \$15
Wednesday 18 December	Good Morning Blacktown Have a FABBA-ulous Christmas with FABBA - Our last outing for 2019 - let's stay in the Christmas spirit with FABBA.	Transport \$20 Ticket \$7 Lunch at your own cost.

Please note:

The information provided in this newsletter is for the eligible clients of Peppercorn Community Transport. Transport is subsidised under funding provided by the Australian Government under the Commonwealth Home Support Program, and by the NSW Government under the Community Transport and the Hospital Related Transport Programs.

Although funding for Peppercorn Community Transport has been provided by the Australian Government and the NSW Government, the material contained in this newsletter does not necessarily represent the views or policies of either Governments.

Seniors Meals & Social Support Program

Destination Details

NORTH RICHMOND PANTHERS. Flavours Bistro is a regular destination and offers club favourites such as fish & chips, chicken schnitzel, roast of the day, pasta and pizza.

THE AUSTRALIAN HOTEL, McGRATH'S HILL. Great hotel fare including chicken schnitzel, fish, steak or roast of the day, served with chips & salad or vegetables. Ice cream for dessert, or tea/coffee.

THE RICHMOND INN. A lunchtime favourite. Grilled fish, Bangers & Mash, Roast Vegetable Pasta and a Classic Beef Cheeseburger are among the delicious meals on offer.

THE HERITAGE HOTEL, WILBERFORCE. Your lunch options at the Heritage include pasta, steak, chicken or fish. Followed by ice cream or tea/coffee.

HAWKESBURY LEISURE AND LEARNING CENTRE. If you are driving yourself, please arrive at 10:30 for trivia or bingo with lunch served at 12:30. 114 March Street, Richmond.

Tuesday		Thursday	
October 1	The Australian Hotel	October 3	North Richmond Panthers
October 8	The Richmond Inn	October 10	The Heritage Hotel
October 15	Hawkesbury Leisure & Learning Centre – Fruit Bingo! Self drive – arrive at 10:30	October 17	North Richmond Panthers
October 22	The Australian Hotel	October 24	The Richmond Inn
October 29	North Richmond Panthers	October 31	The Heritage Hotel
November 5	Hawkesbury Leisure & Learning Centre – Melbourne Cup Trivia! Self drive – arrive at 10:00 (earlier than usual)	November 7	The Australian Hotel
November 12	The Richmond Inn	November 14	The Heritage Hotel
November 19	North Richmond Panthers	November 21	The Heritage Hotel
November 26	The Australian Hotel	November 28	The Richmond Inn
December 3	North Richmond Panthers	December 5	The Australian Hotel
December 10	The Richmond Inn	December 12	North Richmond Panthers
December 17	Hawkesbury Leisure & Learning Centre – all things TRIVIA!! Self drive – arrive at 10:30		

Remember: This information is for clients assessed and referred to us by My Aged Care under the Commonwealth Home Support Program (CHSP).

Total cost for your meal and transport is \$20 for CHSP eligible clients only. If you are driving yourself and don't need transport, meal cost is \$10.

If you are driving yourself, please meet at the venue at 11:45, unless otherwise specified.

Guests and clients on other packages are welcome, however full cost recovery and conditions apply. Please contact us for details 02 4504 7055.